

GUIDING BODIES

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EVENTS

INDIVIDUAL: MEN and WOMEN

Men's and Women's Individual events will be offered in the following age categories:

18 - 29	50 - 54
30 - 34	55 - 59
35 - 39	60 - 64
40 - 44	65 - 69
45 - 49	70 +

DESCRIPTION OF EVENTS:

1. **SPRINTS:** The course starts and finishes in the Magic Mountain Parking lot, east of the Colossus, the world's longest roller coaster. The Sprint will start at 0800 hours, with racers competing in heats against racers in their same class.
2. **TIME TRIALS (ROAD):** The course is described as an "Out and Back" Time Trial on a smooth paved two lane county road. The total distance is 10 miles (16.09 Km) with approximately 500 feet of elevation gain.
3. **CRITERIUM:** The course will be a three-turn circuit consisting of .7 miles (1,126 meters) per lap on a smooth road in a modern upscale business park. Each lap on the course has approximately 40 feet (12.19 meters) of elevation gain.
4. **ROAD RACE:** The 35mile (56.33 Km) road race will take place in the rolling hills of the City of Santa Clarita, and Acton/Agua Dulce communities of Los Angeles County, at an elevation of 2,710 feet (826 meters). There will some moderate to steep climbing with a total ascent of approximately 2,600 feet (792 meters). The start and finish of the race will be located in the vicinity of Acton Park.

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5. **HILL CLIMB:** The course is 2.5 miles (4,023 meters) at an average grade of 6.7% on a smooth two lane County maintained road. The finish line is located within the large parking lot of a church at the top of the hill.

GENERAL SPORT RULES for Cycling - Street

Only multi-gear racing bikes will be allowed in all events (including track).